

Heart to Heart's 1st Newsletter

We are happy to celebrate and share our first complete year of service to the Lake of the Ozarks community. Since our official open house on April 17, 2016 we have trained 21 counseling volunteers to help in the daily operations of the Center. To date, we have been called upon to counsel 50 clients from five surrounding counties!

About Our Volunteers

Working together, our volunteers represent ten different churches from the Lake community. Approximately 3,000 volunteer hours were recorded the first year to transform the Center (not including construction) into a fully operational office ready to accept clients and support groups. Volunteers have given at least ten presentations within our community and twenty tours of the Center took place all during the first year. Our librarian diligently logged 581 Christian books into our catalogue system, plus a whole selection of Christian fiction for community lending. Our tech support volunteer devoted her time and talent to building our website <https://www.hearttoheartcwm.org/> and Facebook page <https://www.facebook.com/hthcwm/>. The PayPal account was also developed and is now fully functional for your convenience and use: [paypal.me/Heart2HeartCWM](https://www.paypal.com/Heart2HeartCWM). Praise God!

About Our Special Events

Claire Marie from Amahoro Center for Women's Ministries spoke to us about the Center in Kibungo, Rwanda in which she is the Center Director. The challenges and cultural differences they experience were expressed in detail to our group.

Sally Kemp spoke about human trafficking while Christine McDonald shared her personal journey of homelessness and how she was lured into human trafficking as told in her book *Cry Purple*.

*"The Spirit of the Lord
God is upon me, be-
cause the Lord has
anointed and qualified
me to bring good news
to the afflicted. He has
sent me to bind up and
heal the broken hearted,
to proclaim liberty to the
physical and spiritual
captives, and release
from darkness for the
prisoners ...*

Isaiah 61, 1



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In This Issue

- Our Volunteers
- Our Special Events
- One-One Counseling
- High Hill Retreat
- Classes
- Thank You
- Looking Forward



High Hill Camp Retreat

High Hill Christian Camp Retreat

Each fall our regional director plans and organizes an overnight retreat for all volunteers in her district to come and be refreshed in the Lord. Special guest speakers, breakout sessions and worship music blesses each participant. We look forward to our next retreat coming soon, October 27 & 28, 2017.

Did You Know ...

Center for Women's Ministries (CWM) has several international centers in countries around the world? Presently, we have centers in China, Nigeria, Panama, Rwanda, Uganda and West Africa. Domestically, we have centers located in Arkansas, Georgia, Indiana, Kentucky, Missouri, North Carolina, and Ohio. Headquarters is located in Bloomington, Indiana.

Have You Seen ...

The Center lately? Please phone for an appointment and bring a friend or group to tour through so we can show you what God is doing. Check out the lending library or prayer room. You will always be warmly welcomed!

One-On-One Counseling

CWM motto is "We've been where you are" therefore, we prayerfully make every effort to match our clients up with a CWM trained volunteer with a similar background. After a confidential intake form is completed by the client and a counseling volunteer match has been made, counseling may begin. We offer free, nonjudgmental Christ-centered counseling to all women in need throughout our community. We also recommend they join one of our support groups to further aid with healing and group encouragement.



Our logo represents two hearts sharing their lives and emerging into a beautiful butterfly. Just as we connect with Christ our savior and He changes the desires of our heart to be more like Him.

If you know of a need and would like to help develop a support group please call the office. We are here to serve the ladies of our community as Christ would through:

- Support Groups
- Study Groups
- Bible Studies
- Workshops

573-873-2554

Come Join Us —
All Welcome!

All of our classes are facilitated by a fully trained CWM volunteer. We provide complete confidentiality in a non-judgmental atmosphere. This is a safe place to begin to deal with past and present emotional pain.



Basic Peer Counseling Training Class of Feb. 2016

About Our Classes Last Year

We held two Basic Peer Counseling Training classes last year, each consisting of 14 classes lasting 2 – 4 hours each. This training is required by each lady that serves as a counselor, Bible study leader or support group facilitator etc.

Four *Making Peace with Your Past* classes by author Tim Sledge were offered throughout the year. These classes involve 12 weeks of 2 hour sessions plus homework; therefore, it is an integral part of helping to prepare our counseling volunteers to successfully counsel clients.

Penny's Prayer Table meets Monday nights year around to cover the Center, our community and our nation in prayer. This is an open group for any and all ladies in our community to learn to pray more effectively.

We have hosted four Bible studies straight from the books of the Bible.

The Traumatic Brain Injury (TBI) Support Group met weekly last winter and spring to help all friends and family members affected by TBI. This group also focused on family reunification and healing.

The Grief Support Group met a few times with hopes of reestablishing the group soon.

A Marriage Support Group also gathered for several weeks focusing on being a loving, supportive, respectful wife.

Heart to Heart Outreach

This ladies' ministry would not be possible without YOU playing a vital roll praying, volunteering time and supporting us with each and every contribution. God loves a cheerful giver and because of YOUR cheerful giving the brokenhearted are healing as we share Christ's love with our community. We thank God for guiding us through this first year and ask for wisdom leading us forward. From all of us here at Heart to Heart, *we thank our God upon every remembrance of you.* Phil 1:3

Looking Forward

Penny's Prayer Table meets every Monday evening.

Two new Making Peace with Your Past classes will be commencing soon.

A Basic Peer Counseling Training class starts September 5th.

A Moving Beyond Your Past Support Group will start the first week in September.

A Traumatic Brain Injury (TBI) Support Group starts on Tuesday evenings this fall.

The High Hill Retreat scheduled for October 27 – 28.

For privacy concerns please call the office for exact dates, times and details.

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Contact Us

Give us a call for more information about our services

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